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For Immediate Release

BEYOND PAIN A Day of Inspiration, Information and Options

An all day workshop focusing on the treatment of chronic pain will be presented by, The Progressive Health Center on Saturday, August 25 from 8 a.m. – 3:30 p.m. at The Denver Athletic Club, located at 1325 Glenarm Place. Guests will gain information on how to deal with pain from the standpoint of both traditional medicine and complementary therapies.

The Progressive Health Center is a place where people can experience a variety of complementary therapies including; laughter yoga, meditation, massage therapy and acupuncture. “Anyone in the community can benefit from our offerings,” says Sue Goodin, CEO of Progressive Health Center, “even if you are not currently experiencing a health challenge. Our goal is to offer a variety of resources to help you stay healthy and feel great! Our Beyond Pain Day will give you a sampling of the professional options that we have available to you.”

This interactive event features products and information designed to support anyone navigating the treatment of chronic pain. Guests will enjoy keynote speakers, lunch and will choose from educational workshops in five treatment focus areas including: mind, body, spirit, emotion and medical. Sponsors and marketing partners will also have display, products and helpful information.

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